

# The 4<sup>th</sup> Dimension

## DISTRICT 3 - NEWSLETTER



### YEAR IN REVIEW

District 3 had a great 2022!

### TREATMENT CENTERS

Treatment centers opening back up and bringing in AA meetings.

### WHAT IS A GSR?

General Service Representative

Learn how to better represent your group at the district level.

### DATES TO REMEMBER

AA Events

### DISCORD SERVER

Discord is a free messaging and voice/video chat app for fellowship and sharing.

### SUBMIT YOUR STORY

Share your experience, strength & hope with us! Submit your written story for consideration. Please include your contact number.

A.A. District 3  
PO Box 2183  
Beckley, WV 25802



## 2022 YEAR IN REVIEW

What a year for our District!

We voted in a new DCM, brought new meetings into local treatment facilities, organized a chili cook off in Beckley, saw the start of new meetings in Oak Hill and Ansted, worked to share AA literature in our community through Adopt a Rack, and held a workshop about the importance of a group conscience.

We also grew closer and more united as a fellowship and began celebrating birthdays on a District level, had our annual picnic at Fayette County Park, and welcomed new members to our AA family.

We are excited about this momentum and hope to continue in a positive direction of fulfilling our primary purpose:

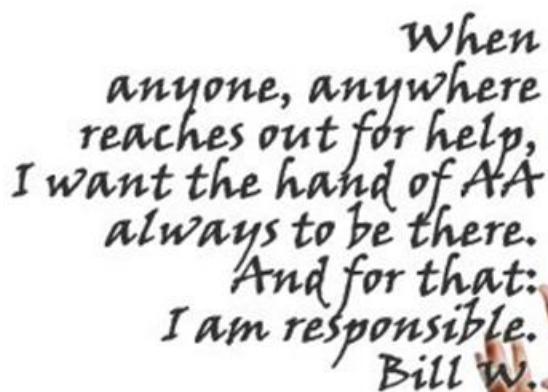
To stay sober and help other alcoholics achieve sobriety!

## TREATMENT CENTERS

It's exciting news to hear that treatment centers are finally opening back up to bring AA meetings in!

Currently in our District we are taking meetings into the St. Joseph recovery center in Summersville, FMRS in Beckley, and Brian's Safehouse also in Beckley. All of which offer opportunities for both men and women to get involved.

There is a treatment committee at the district level that has been growing, so lots of opportunity for service. We welcome you to get involved. If you are interested or would like to know more, reach out to a GSR or someone involved in District, and they would be happy to point you in the right direction.



*When  
anyone, anywhere  
reaches out for help,  
I want the hand of AA  
always to be there.  
And for that:  
I am responsible.  
Bill W.*

## GENERAL SERVICE REPRESENTATIVE

The individual AA group is the most important and influential body in the whole, world-wide structure of Alcoholics Anonymous. AA's service structure is represented by an inverted triangle where the AA group is at the top as the largest body. All other bodies, down to and including AA World Services take direction from the groups. Each GSR represents their home group's conscience by communicating on its behalf at district meetings and semi-annual area assemblies. The GSR will convey their group conscience at the annual conference via their elected District Committee Member. Votes from the annual conference will affect General and World AA Services and The Grapevine. The GSR is the link between their home group and the broader AA community. Without its own GSR, a group is disconnected from decisions made at the District, Area, Nation, and world-wide levels of AA.

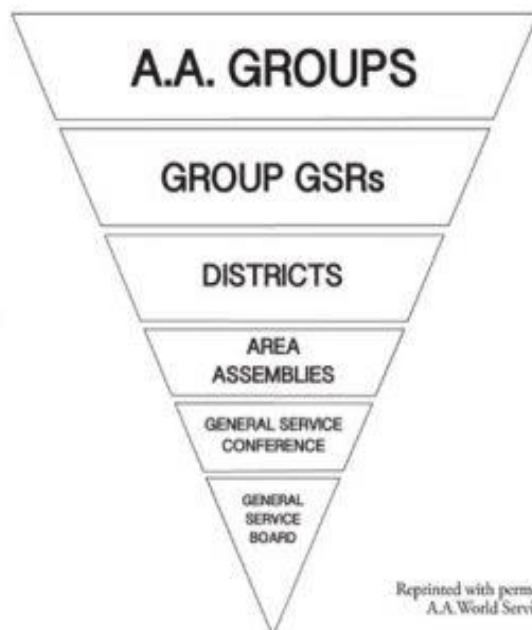
To become a GSR it is suggested that a member have a minimum of two years sobriety and be active in their home group. An ability to attend monthly district meetings and quarterly area assemblies is important as well. To represent their group's conscience, a GSR must be elected by their home group to serve in this position. Once elected, the GSR may contact District 3 via the website to be registered as GSR and begin attending monthly district meetings. The GSR will then become the trusted servant of their home group. The position entails attending home group business meetings to be informed of group conscience, becoming the contact person for their homegroup (registered with GSO), studying traditions, educating their treasurer on 7<sup>th</sup> tradition in the service structure, attending District meetings and communicating announcements back to their home group.

More information can be found on the following websites:

**District 3** [www.aawvdistrict3.org](http://www.aawvdistrict3.org)

**Area 73** [www.aawv.org](http://www.aawv.org)

**GSO** [www.aa.org](http://www.aa.org)



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## DATES TO REMEMBER

DATE	EVENT	LOCATION / TIME
March 29, 2023	District 3 Meeting	Mt. Hope Big Book Study Group Mt. Hope Presbyterian Church <b>8:05 PM</b>
April 23, 2023	Spring Fling Eat-N-Speak  Open to all AA Members. Bring a covered Dish.	Women's Primary Purpose Group (Beckley) St. Luke Lutheran Church <b>5:30 PM Eat - 6:30 PM Speaker</b>
April 30, 2023	District 3 Meeting	A Design for Living (Ansted) Lover's Leap Baptist <b>2:00 PM</b>
May 29, 2023	District 3 Meeting	Pat T Group (Oak Hill) St. Andrews Episcopal Church <b>7:00 PM</b>
June 25, 2023	District 3 Meeting	Women's Primary Purpose Group (Beckley) St. Luke Lutheran Church <b>7:30 PM</b>
Last Friday of Every Month	Speaker Meeting Anniversary Celebration with Cake!	Steps to Freedom Group Beckley Presbyterian Church <b>7:00 PM</b>

\*TBD: Time to be determined

## DISCORD SERVER

AA District 3 now has an official Discord server! Discord is a free messaging and voice/video chat app that is available for all mobile devices as well as PC/Mac. It allows for communities such as ours to come together in one place for fellowshiping and sharing information quickly! Scan the QR code or follow the link to sign up and come say hello!

